## The Legend of the Five Kernels

The first winter the Pilgrims spent in their new home was very cold and bitter. Food was in short supply. Some days they only had enough food for each person to have five kernels of corn for the day. When spring came, they planted food and it grew and grew. The harvest was good the following year and they celebrated Thanksgiving with their Indian friends.

From then on, when they celebrated Thanksgiving, the Pilgrims laid out five kernels of corn on each plate to remind themselves of their blessings.



## Let us remember:

- The 1st kernel reminds us of the autumn beauty all around us.
- The 2nd kernel reminds us of our love for one another.
- The 3rd kernel reminds us of God's love and care for us.
- The 4th kernel reminds us of all our friends, especially our Indian brothers.
- The 5th kernel reminds us that we are a free people.